

CURRICULUM VITAE

NAME: Kathleen A. Brehony

BIRTHDATE: May 23, 1949

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PRESENT POSITIONS: Private Practice - Self-employed
Licensed Clinical Psychologist
Hembree, Brehony, Baker & Cameron
2940 N. Lynnhaven Road, Suite 110
Virginia Beach, Virginia 23452
(757) 498-0300 Voice; (757) 498-1048 Fax

Private Practice – Self-employed (P/T)
Licensed Clinical Psychologist
102 Old Tom Avenue, Suite 207
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Personal and Executive Coaching
Full Potential Living
President
kathleen@fullpotentialliving.com
<http://www.fullpotentialliving.com>

Organizational Consulting
Full Potential Organizations
Executive Vice President
5649 Shenandoah Avenue, Suite 101
Norfolk, VA 23509
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Writing Instructor
JonesBrehony Seminars
Executive Vice President
P.O. Box 1361
Mathews, VA 23109
804-725-3630
804-725-3143
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Writer (see publications)

Keynote and Motivational Speaker

Co-Host (with Cathy Lewis)
The Art of Living Radio Show
<http://www.artoflivingradio.com>

Executive Producer & Host
HeartWaves Radio – Outer Banks Media, LLC
<http://www.heartwavesradio.com>

LICENSES TO PRACTICE:

Commonwealth of Virginia
License # 0810 001120
Board of Psychology
(Originally issued by the Board of Medicine
0107 001120 - June 23,1983)

State of North Carolina
License # 1430 (December 1, 1994)
North Carolina Psychology Board

National Register of Health Service Providers
in Psychology:
#33471 (1985) # 50615 (2003)

MEDICAL STAFF PRIVILEGES:

Virginia Beach Psychiatric Center
Virginia Beach, Virginia

EDUCATION:

September 1977 to May 1981:

Ph.D. in Clinical Psychology
Department of Psychology
(APA Approved)
Virginia Tech
Blacksburg, Virginia

Dissertation Title:

Assertion Training and In Vivo Exposure
for Agoraphobia

Dissertation Chairperson:

E. Scott Geller, Ph.D.

August 1979 to August 1980:

Internship In Clinical Psychology
University of Mississippi Medical Center
(APA Approved)
Jackson, Mississippi

September 1975 to June 1977:

M.S. Degree in Psychology
Psychology Department
(APA Approved)
Virginia Tech
Blacksburg, Virginia

Thesis Title:

Relationships Between Psychological
Androgyny, Social Conformity and Perceived
Locus of Control.

Thesis Chairperson:

E. Scott Geller, Ph.D.

September 1969 to June 1973:

B.A. Degree in Sociology
Department of Sociology
Catholic University

Washington, D.C.

ACADEMIC HONORS & AWARDS:

Graduate Teaching Assistantship
Virginia Tech
September 1975 to 1979
Graduate State Tuition Scholarship
Fall and Winter Quarters (1976-77)
Virginia Tech

Southeastern Psychological Association
Research Award from the Commission for
the Status of Women
Runner Up - 1978

Certificates of Recognition for Excellence in Research
Psi Chi National Honor Society:
1978 - Two Awards
1979 - One Award

Who's Who in the South and Southwest
Outstanding Young Women of America

Who's Who in Sales and Marketing

Visiting Scholar - Roanoke City Schools
1985-1988

“Golden Quill Award for Excellence in Writing”
Nonfiction Category
Roundtable Writers Conference, 1997 & 1998.

Visions Magazine “Excellence in Writing”
Awarded for “Ordinary Grace,” 1999

National Register – Who’s Who in the World.
Life Member -- Admitted, 2000.

Writer in Residence
Creative Writing Department
Old Dominion University
Spring Quarter 2001

“Esteemed Authors of the Albemarle” Award
Currituck Arts Council, Friends of the Library,

The Currituck County Public Library, and the Albemarle
Literary Center
February 2004

PROFESSIONAL EXPERIENCE:

September 2000 to Present:
Writing Instructor
JonesBrehony Seminars

September 1999 to Present:
Organizational Consultant
Full Potential Organizations

June 1998 to Present:
Personal and Organizational Coach
Full Potential Living

November 1992 to Present:
Private Clinical Practice
Hembree, Brehony, Baker & Cameron
Virginia Beach, Virginia

March 2004 to Present:
Private Clinical Practice
Kathleen Brehony, Ph.D.
Manteo, NC

December 2003 to Present:
Private Clinical Practice (P/T)
Affiliated with Nancy Wood, LCSW
Outer Banks Counseling Center
Nags Head, NC

January 1990 to January 1992:
Adjunct Medical Staff - Group Therapist
Virginia Beach Psychiatric Center
Virginia Beach, Virginia

January 1990 to February 1991
Member, Board of Directors
CONTACT - Tidewater
(Community Crisis Line)

September 1989 to November 1992:

Private Clinical Practice
Greenwich Psychological Associates, P.C.
Virginia Beach, Virginia

November 1988 to July 1989:

Director of Marketing and Human Resources
Southern Shores Realty
Kitty Hawk, North Carolina

July 1983 to November 1988:

Private Clinical Practice
The Counseling Center
Roanoke, Virginia

President (from October 1986)
The Media Works of Virginia, Inc.
(Independent video & film production company)
Roanoke, Virginia

Previous positions included:

Director of Special Projects
Vice President of Marketing
(Part-time from 1983-1986)

May 1986 to November 1988:

Board of Directors (Chair)
The Media Works of Virginia, Inc.
Roanoke, Virginia

Board of Directors
Health Care Marketing Programs, Inc. (HCMP)
Roanoke, Virginia

Board of Directors
The Acting Company
Roanoke, Virginia

January 1985 to January 1986:

Consulting Psychologist
The Center for Women's Health
Community Hospital
Roanoke, Virginia

Consulting Psychologist
Comprehensive Back School
Downtown West Wellness & Fitness Center
Roanoke, Virginia

January 1985 to January 1992:
Charter Editorial Board
Women and Therapy (Academic Journal)

January 1984 to November 1985:
Member, Special Task Force
for Battered Women
Council of Community Services
Roanoke, Virginia

July 1981 to July 1983:
Assistant Professor
Department of Psychology &
Extension Specialist in Human Ecology
Virginia Tech
Blacksburg, Virginia

Private Clinical Practice
John C. Hall and Associates
Roanoke, Virginia
(first year post-doctoral supervision)

August 1980 to June 1981:
Management Consultant
Health & Human Services Practice Area
Arthur Young and Company (now Ernst & Young)
Washington, D.C.

August 1979 to August 1980:
Clinical Psychology Internship
(Chief Resident)
Department of Psychiatry & Human Behavior
University of Mississippi Medical Center
Jackson, Mississippi

September 1975 to June 1979:
Graduate Student
Clinical Training Program
Department of Psychology
Virginia Tech
Blacksburg, Virginia

MEDIA:

Author, weekly newspaper column Your Personal Coach launching into syndication in 2004.

Producer and Co-Host (with Cathy Lewis) for hour-long Public Radio interview show “The Art of Living: Conversations about the Heart and Soul of Modern Life.” Launching into distribution to the National Public Radio system, 2003.

Executive Producer, Head Writer, and on-air talent for “HeartWaves” a short-form radio program airing daily and launched into national syndication, 2002.

Interviewed on NBC Today Show during the aftermath of the September 11 terrorist attacks. (Interviewer – Ann Curry). September 28, 2001.

PUBLICATIONS:

Solomon, L.J. and Brehony, K.A. The effects of EMG feedback training during problem solving. Biofeedback and Self-Regulation, 1979, 4, No. 1, 81-86.

Sappington, J. T., Fiorita, E.M. and Brehony, K.A. Biofeedback as therapy in Raynaud's Disease. Biofeedback and Self-Regulation, 1979, 4, No. 2, 155-169.

Weizenbaum, F.A., Benson, B.A., Solomon, L.J., and Brehony, K.A. Relationships among reproductive variables, sucrose taste reactivity, and feeding behavior in humans. Physiology and Behavior, 1980, 24, 1053-1056.

Brehony, K.A., Benson, B.A., Solomon, L.J. and Luscomb, R.L. Parents as behavior therapists: A multiple baseline study with a retarded child. Journal of Child Clinical Psychology, 1980, 9, 213-216.

Brehony, K.A. and Geller, E.S. Relationships between psychological androgyny, social conformity, and perceived locus of control. Psychology of Women Quarterly, 1981, 6, 25-31.

Brehony, K.A. and Geller, E.S. Agoraphobia: An appraisal of research and a proposal for an integrative model. In M. Hersen, R.M. Eisler and P.M. Miller (Eds.), Progress in Behavior Modification Volume 12, New York: Academic Press, 1981.

Wolfe, D.A., St. Lawrence, J., Graves, K., Brehony, K.A., Bradlyn, D., and Kelly, J.A. Intensive behavior parent training for a child abusive mother. Behavior Therapy, 1982, 13, 438-450.

Brehony, K.A. Women and agoraphobia: A case for the etiological significance of the feminine sex-role stereotype. In V. Franks and E. Rothblum (Eds.) The Stereotyping of Women: Its Effect on Mental Health, New York: Springer Press, 1983, 112-128.

Solomon, L.J., Brehony, K.A., Rothblum, E.D. and Kelly, J.A. Corporate manager's reactions to assertive social skills exhibited by males and females. Journal of Organizational Behavior Management, 1982, 4, No. 314, 49-64.

Frederiksen, L.W., Solomon, L.J., and Brehony, K.A. (Eds.) Marketing Health Behavior. New York: Plenum Press, 1984.

Brehony, K.A., Frederiksen, L.W., and Solomon, L.J. Marketing principles and behavioral medicine: An overview. In L.W. Frederiksen, L.J. Solomon, and K.A. Brehony (Eds.) Marketing Health Behavior. New York: Plenum Press, 1984, 3-22.

Solomon, L.J., Frederiksen, L.W., Arnold, S.E. and Brehony, K.A. Stress management delivered over Public Television: Steps toward promoting community mental health. Journal of Primary Prevention, Spring 1984, 4 (3), 139-149.

Brehony, K.A. Self-help groups with agoraphobic women. In C.M. Brody (Ed.) Women's Therapy Groups: Paradigms of Feminist Treatment. New York: Springer Press, 1987, 82-94.

Rothblum, E.D. and Brehony, K.A. The Boston marriage today: Romantic but asexual relationships among lesbians. In C. Silverstein (Ed.) Gays, Lesbians and Their Therapists: Studies in Psychotherapy. New York: Norton, 1991, 210-226.

Rothblum, E.D. and Brehony, K.A. (Eds.) Boston Marriages: Romantic But Asexual Relationships Among Contemporary Lesbians. Boston: The University of Massachusetts Press, 1993. Nominated for the American Library Association's 1994 Gay and Lesbian Book Award.

Brehony, K.A. Coming to consciousness: Some reflections on the Boston marriage. In E.D. Rothblum and K.A. Brehony (Eds.) Boston Marriages: Romantic But Asexual Relationships Among Contemporary Lesbians. Boston, The University of Massachusetts Press, 1993, 19-29.

Rothblum, E.D. and Brehony, K.A. Introduction: Why focus on romantic but asexual relationships among lesbians? In E.D. Rothblum and K.A. Brehony (Eds.) Boston Marriages: Romantic But Asexual Relationships Among Contemporary Lesbians. Boston: The University of Massachusetts Press, 1993, 3-14.

Brehony, K.A., Awakening at Midlife: Realizing Your Potential for Growth and Change. New York: Riverhead Books (Penguin/Putnam imprint), September, 1996. Book was nominated and judged a Finalist for Books for a Better Life Award (Psychology Division Award), January 1997. Trade paperback, published September, 1997 titled: Awakening at Midlife: A Guide to Reviving Your Spirit, Recreating Your Life, and Returning to Your Truest Self. Foreign language rights: Chinese (China) and Portuguese (Brazil).

Brehony, K.A. Ordinary Grace. New York: Riverhead Books (Penguin/Putnam imprint), 1999. Awarded 1999 Visions Magazine "Excellence in Writing."

Gass, R. and Brehony, K.A. Chanting: Discovering Spirit in Sound. New York: Broadway Books (Random House imprint), 1999.

Brehony, K.A. After the Darkest Hour: How Suffering Begins the Journey to Wisdom. New York: Henry Holt and Company, September 9, 2000. Published in Britain and Ireland by Vision Paperbacks (2000) and in France by le Relié (2002). Spanish Rights pending.

Brehony, K.A. and Jones, S. K. Up the Bestseller Lists!. Boston: Adams Media, August, 2001.

Brehony, K.A. Living A Connected Life: Creating and Maintaining Relationships That Last a Lifetime. New York: Henry Holt and Company, published September 4, 2003.

PROFESSIONAL PAPERS AND SYMPOSIA:

McGovern, A., Brehony, K.A., Augustine, M., and Barachie, D. Social distance: A potential determinant of social conformity. Paper presented to the Southeastern Psychological Association annual meeting in Miami, Florida, 1977.

Brehony, K.A., Augustine, J., Barachie, D., Miller, N.E. and Woodhouse, W. Psychological androgyny and social conformity. Paper presented to the American Psychological Association annual meeting in San Francisco, California, 1977. Abstracted in Human Behavior, May 1978; Abstracted in ERIC/CAPS (Resources in Education), 1978; Abstracted in Resources in Women's Educational Equity, 1979.

Augustine, M., Woodhouse, W., Miller, N.E. and Brehony, K.A. Psychological androgyny: A critical variable in understanding sex differences in social conformity research. Paper presented to the Virginia Academy of Science annual meeting in Petersburg, Virginia, 1977.

Brehony, K.A. and Geller, E.S. Relationships between psychological androgyny, social conformity and perceived locus of control. Paper presented to the Southeastern Psychological Association annual meeting in Atlanta, Georgia, 1978. Paper received Runner-Up Award for Research by the Commission for the Status of Women. Abstracted in ERIC/CAPS (Resources in Women's Education), March, 1979; Abstracted in Resources in Women's Educational Equity, 1979.

Benson, B.A. and Brehony, K.A. Sex-role stereotyping and self-reports of fear and anxiety. Paper presented to the Psychonomic Society annual meeting in San Antonio, Texas, 1978.

Brehony, K.A. and Geller, E.S. Agoraphobia: A review of literature and proposal for research. Paper presented to the Virginia Psychological Association annual meeting in Williamsburg, Virginia, 1978. Paper received a Certificate for Excellence in Research from Psi Chi National Honor Society.

Solomon, L.J. and Brehony, K.A. The effects of EMG feedback training during problem solving: A case study. Paper presented to the Virginia Psychological Association annual meeting in Williamsburg, Virginia, 1978. Paper received a Certificate for Excellence in Research from Psi Chi National Honor Society.

Brehony, K.A. Raynaud's syndrome and the potential efficacy of biofeedback intervention: A review. Paper presented to the Virginia Academy of Science annual meeting in Blacksburg, Virginia, 1978.

Scott, L.E. and Brehony, K.A. Biofeedback as an intervention for primary dysmenorrhea. Paper presented to the Virginia Academy of Science annual meeting in Blacksburg, Virginia, 1978

Brehony, K.A., Benson, B.A., Solomon, L.J. and Luscomb, R.L. Parents as behavior therapists: A single case study. Paper presented to the Southeastern Psychological Association annual meeting in New Orleans, Louisiana, 1979. Abstracted in ERIC/CAPS (Resources in Education), 1980.

Weizenbaum, F.A., Benson, B.A., Solomon, L.J. and Brehony, K.A. Magnitude estimations of sucrose solutions across phases of the menstrual cycle. Paper presented to the Eastern Psychological Association annual meeting in Philadelphia, Pennsylvania, 1979.

Brehony, K.A. and Mattson, R.E. Battered women: A brief review of literature and a proposal for a community needs assessment. Paper presented to the Virginia Psychological Association annual meeting in Richmond, Virginia, 1979. Paper received a Certificate for Excellence in Research from Psi Chi National Honor Society.

Bernardin, H.J., Brehony, K.A., Cardinell, R., and Ellison, T. Correlates of attitudes towards the Equal Rights Amendment. Paper presented to the American Psychological Association annual meeting in New York City, 1979.

Brehony, K.A. and Frederiksen, L.W. Marketing and behavior change: What you didn't learn in graduate school. Part of a symposium entitled Marketing Health, chaired by John E. Martin, Ph.D., presented to the Behavioral Medicine Special Interest Group Symposium at the Association for the Advancement of Behavior Therapy annual meeting in San Francisco, California, 1979.

Brehony, K.A. Agoraphobia. Part of a symposium entitled Sex Roles and Women's Mental Health: Lessons from the Past, Implications for the Future. Chaired by Violet Franks, Ph.D., presented to the Southeastern Psychological Association annual meeting in Washington, D. C., 1980. Abstracted in ERIC/CAPS (Resources in Education), 1980.

Brehony, K.A. Sex-role stereotypes and agoraphobia. Part of a symposium entitled Sex Differences in Psychological/Behavioral Problems: Research Issues and Implications for Behavior Therapy. Chaired by Violet Franks, Ph.D. with a special address by Elizabeth Janeway presented to the Association for the Advancement of Behavior Therapy annual meeting in New York City, 1980.

Brehony, K.A. Flooding and agoraphobia: The empirical state of the art. Part of a symposium entitled Implosive (Flooding) Therapy: Theoretical Advances and Clinical Applications. Chaired by Donald J. Levis, Ph.D. presented to the Association for the Advancement of Behavior Therapy annual meeting in New York City, 1980.

Benson, B.A., Weizenbaum, F.A., Solomon, L.J. and Brehony, K.A. Relationships between reproductive variables and verbal estimations of time. Paper presented to the Psychonomic Society annual meeting in St. Louis, Missouri, 1980.

Brehony, K.A. and Solomon, L.J. Career and family: The dual role dilemma for women. Part of a symposium entitled The Consequences of Professional Success for Women. Chaired by Gail Bernstein, Ph.D. presented to the Association for Behavioral Analysis annual meeting in Milwaukee, Wisconsin, 1981.

Brehony, K.A., Fairbanks, J.A., Sanders, S.H. and Ethridge, R.A. A behavioral in-lab assessment paradigm for agoraphobia: Towards a cost-effective evaluation procedure. Paper presented to the Southeastern Psychological Association annual meeting in Atlanta, Georgia, 1981.

Brehony, K.A. Discussant for a Symposium entitled Large-scale applications of behavioral analysis for community problem solving. Chaired by E.S. Geller, Ph.D. presented to the Southeastern Psychological Association annual meeting in Atlanta, Georgia, 1981.

Papalios, C., Conrad, T.S., Thompson, C.W., Talbott, E., and Brehony, K.A. Treatment of agoraphobia: Findings and discussion of a treatment outcome study. Paper presented to the Virginia Psychological Association annual meeting in Richmond, Virginia, 1981.

Talbott, E., Thompson, C.W., Conrad, T.S., Paplios, C. and Brehony, K.A. Agoraphobia: Is a woman's place in the home? Paper presented to the Virginia Psychological Association annual meeting in Richmond, Virginia, 1981.

Solomon, L.J., Brehony, K.A., Rothblum, E.D., and Kelly, J.A. Reactions to assertiveness: Corporate management's response to assertive males and females. Paper presented to the Association for the Advancement of Behavior Therapy annual meeting in Toronto, Canada, 1981.

Brehony, K.A. Women in culture: Training for phobia. Part of the Women's Special Interest Group Exposition entitled The Feminine Mistake: Traditional Sex-Role Stereotypes and Behavior Disorders in Women. Presented to the Association for the Advancement of Behavior Therapy annual meeting in Toronto, Canada, 1981.

Frederiksen, L.W., Winett, R.A., Brehony, K.A., Riley, A.W., Bowers, T. and Stahl, B. Television programming as primary prevention: Effects of changing sex roles. Part of a Symposium entitled Primary Prevention in Community and Organizational Settings. Chaired by Richard A. Winett, Ph.D. presented to the Association for the Advancement of Behavior Therapy annual meeting in Toronto, Canada, 1981.

Wolfe, D.A., Crimmins, D.B., Bradlyn, A., St. Lawrence, J., Graves, K., Brehony, K.A. and Kelly, J.A. Behavioral intervention for child abuse and neglect. Paper presented to the Association for the Advancement of Behavior Therapy annual meeting in Toronto, Canada, 1981.

Brehony, K.A. Extending psychology to the community: Problems, issues, solutions. Part of a Symposium entitled Community Psychology: From Ivory-Tower Research to Grass Roots Application. Chaired by E. Scott Geller, Ph.D. presented to the Southeastern Psychological Association annual meeting in New Orleans, Louisiana, 1982.

Brehony, K.A., Chairperson, Paper Session, Sexuality. Presented to the Southeastern Psychological Association annual meeting in new Orleans, Louisiana, 1982.

Brehony, K.A. and Frazier, R. From housewife to student: Fears, fantasies, expectations and realities. Paper presented to the National Women's Studies Association annual meeting, Ohio State University, Columbus, Ohio, 1983.

Brehony, K.A. Agoraphobia: Theory, assessment and treatment. An invited colloquium presented to the Department of Psychology, The University of Vermont, Burlington, Vermont, 1983.

Brehony, K.A. and Collins, B.A. Women and health: Historical perspectives and current realities Paper presented to the National Women's Studies Association annual meeting, Rutgers University, New Brunswick, New Jersey, 1984.

Brehony, K.A. Discussant. Symposium entitled Disordered or Displaced: Treating Women in a Societal Context. Esther D. Rothblum, Ph.D. Chairperson. Presented to the American Psychological Association annual meeting in Washington, D. C., 1986.

Brehony, K.A. and Morgan, K. Critical issues for gay and lesbian clients in psychotherapy. Discussion session presented to the American Psychological Association annual meeting in Washington, D.C., 1986.

Brehony, K.A. Post-traumatic stress disorder. Invited address presented to staff at Catawba State Hospital, Catawba, Virginia, 1986.

Brehony, K.A. Marketing strategies for health care professionals. An invited address presented to the Richmond District of Virginia Health Care Association (VHCA), Richmond, Virginia, 1988.

Brehony, K.A. Relations with the media: A workshop for health care professionals. An invited address presented to the Virginia Health Care Association (VHCA) annual meeting in Richmond, Virginia, 1988.

Brehony, K.A. Hostile encounters. An invited address presented to the Association for Continuing Education in Nursing annual meeting in Roanoke, Virginia, 1988.

Rothblum, E.D. and Brehony, K.A. The Boston marriage today: Romantic but asexual relationships among lesbians. Paper presented to the American Psychological Association annual meeting in Boston, Massachusetts, 1990.

PROFESSIONAL WORKSHOPS:

Brehony, K.A. New directions for behavioral community psychology. Part of a workshop entitled Applications for Behavioral Analysis in Community Psychology. Chaired by E. Scott Geller, Ph.D. presented to the Southeastern Psychological Association annual meeting in Washington, D.C., 1979.

Brehony, K.A. Behavioral community psychology: Challenges for the 1980's. Part of a workshop entitled Applied Behavior Analysis in the Community. Chaired by E. Scott Geller, Ph.D. presented to the Southeastern Psychological Association annual meeting in Washington, D.C., 1980.

Brehony, K.A. Marketing strategies for large-scale health promotion. Part of a workshop entitled Applied Behavioral Analysis in Community Psychology. Chaired by E. Scott Geller, Ph.D. presented to the Southeastern Psychological Association annual meeting in Washington, D.C. 1980.

Brehony, K.A., Solomon, L.J. and Frederiksen, L.W. Stress management. An invited workshop presented to the Southeastern Psychological Association annual meeting in Washington, D.C., 1980.

Brehony, K.A. and Johnson, W.G. Behavioral assessment and treatment of agoraphobia. Workshop presented to the Southeastern Psychological Association annual meeting in Washington, D. C., 1980.

Brehony, K.A. Basic principles of marketing for behavioral psychologists. Part of an invited workshop entitled Marketing Behavior Change. Chaired by John E. Martin, Ph.D., presented to the Association for the Advancement of Behavior Therapy annual meeting in New York City, 1980.

Brehony, K.A., Benson, B.A., King, A.C., Schotte, D. and Solomon, L.J. Behavioral assessment and treatment of agoraphobia. Workshop presented to the Southeastern Psychological Association annual meeting in Atlanta, Georgia, 1981.

Brehony, K.A. and Solomon, L.J. Stress management. Workshop presented to the Southeastern Psychological Association annual meeting in Atlanta, Georgia, 1981.

Brehony, K.A. and Solomon, L.J. Stress management: The state of the art. Invited workshop presented as a continuing education seminar of the Southeastern Psychological Association, London, England, 1981.

Brehony, K.A. and Schotte, D. Behavioral assessment and treatment of agoraphobia. Workshop presented to the Southeastern Psychological Association annual meeting in New Orleans, Louisiana, 1982.

Brehony, K.A. with Rothblum, E.D., Fodor, I, and Solomon, L.J. Women in therapy: Strategies for dealing with sex-role stereotypes. A workshop presented to the American Psychological Association annual meeting in Washington, D.C., August, 1982.

Solomon, L.J., Brehony, K.A., and Frederiksen, L.W. Health promotion in organizational settings. A workshop presented to the Association for the Advancement of Behavior Therapy annual meeting in Los Angeles, California, November, 1982.

Brehony, K.A. Stress management groups: Content, process and marketing the service. An invited workshop presented to Mental Health Services annual meeting in Roanoke, Virginia, 1982.

Brehony, K.A., Meador, A., Love, S., and Clance, P.R. Women and therapy. A workshop presented to the Southeastern Psychological Association annual meeting in Atlanta, Georgia, 1983.

Brehony, K.A. and Tieman, A. Battered women. An invited workshop presented to the Regional Area Continuing Education Program of Nursing Educators. Danville Memorial Hospital, Danville Virginia, 1983.

Brehony, K.A. with Frederiksen, L.W., Riley, A., and Peterson, G. Marketing professional services. A workshop presented to the Association for the Advancement of Behavior Therapy annual meeting in Washington, D.C., 1983.

Brehony, K.A. and Schotte, D.E. Obsessive-compulsive disorders. A workshop presented to the Southeastern Psychological Association annual meeting in New Orleans, Louisiana, 1984.

Brehony, K.A. and Silverman, P. Critical issues for gay and lesbian clients in psychotherapy. An invited workshop presented to the Association for the Advancement of Behavior Therapy annual meeting in Philadelphia, Pennsylvania, 1984.

Brehony, K.A. and Waranch, M. The behavior therapist and the media. An invited Special Program presented to the Association for the Advancement of Behavior Therapy annual meeting in Philadelphia, Pennsylvania, 1984.

Brehony, K.A. Group treatments for agoraphobia. An invited workshop presented to the Southwest Virginia Group and Family Therapy Conference, Roanoke, Virginia, 1984.

Brehony, K.A. and Clum, G.A. Effective treatment for panic disorder and agoraphobia. An invited professional development workshop sponsored by the Department of Psychology and the Donaldson Brown Center for Continuing Education at Virginia Tech, Roanoke, Virginia, 1985.

Brehony, K.A., Ross, B., Thomas, F., and Bostain, A. Fitness for the physically challenged. An invited professional development workshop for the Rehabilitation Networking Conference. Roanoke, Virginia, 1985.

Brehony, K.A. and Clum, G.A. Effective treatment for panic disorder and agoraphobia. Workshop presented to the Southeastern Psychological Association annual meeting, Orlando, Florida, 1986.

Brehony, K.A. From "handicapped" to physically challenged: Strategies for self-esteem. An invited workshop presented to the Networking II Conference, Roanoke, Virginia, 1986.

Brehony, K.A. and Reed, M. Homosexuality: From "deviance" to affirmative models. Invited professional development workshop presented at James Madison University, Harrisonburg, Virginia, 1986.

Brehony, K.A. Balance, Wisdom, Compassion: What Women Bring to Medicine. Invited workshop presented to the 8th Annual Women in Medicine Leadership Conference (Jointly sponsored by the Medical College of Virginia, the University of Virginia Medical School and Eastern Virginia Medical School), Richmond, Virginia, March 3, 2000.

GRANTS AND CONTRACTS:

Co-investigator. EMG biofeedback as an intervention for primary spasmodic and congestive dysmenorrhea. Small Projects Grant awarded by Virginia Tech, 1978.

Co-investigator. Stress management: A five-part Public Television series. Blue Ridge Public Television. Grant awarded by the Corporation for Public Broadcasting, 1979.

Co-investigator. The effectiveness of self-help groups in the treatment of agoraphobia: Peer counselors as therapists. Small Projects Grant awarded by Virginia Tech, 1979.

Co-Investigator. Corporate manager's reactions to assertive social skills exhibited by males and females. Corporate Grant awarded by Coca-Cola, USA, Atlanta, Georgia, 1980.

Project Manager. Two statewide media campaigns for intoxicated driver problem. State contract from the Commonwealth of Virginia - Department of Motor Vehicles and The Media Works of Virginia, Inc.

Executive Producer. Video adaption of original drama about teenage suicide ("Empty Chairs") Production Grant awarded by Roanoke Memorial Hospitals to CITY School and The Media Works of Virginia, Inc.

COMMUNITY EDUCATION – WORKSHOPS, KEYNOTES, AND INVITED ADDRESSES:

Brehony, K.A. and Solomon, L.J. A three-session seminar on assertive behavior and assertion training for managers. Consultants to University Book Store, Virginia Tech, Blacksburg, Virginia, Spring, 1978.

Brehony, K.A. and Solomon, L.J. Assertion training for women. An invited workshop presented to the Montgomery County Chapter of the National Organization for Women, Blacksburg, Virginia, February 5, 1979.

Brehony, K.A. and Johnson, W.G. Housebound: The agoraphobic experience. Grand Rounds: Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, Mississippi, October 5, 1979.

Brehony, K.A. and Solomon, L.J. Assertion training. An invited workshop presented to the annual meeting of the Mississippi Public Health Association, Jackson, Mississippi, December 4, 1979.

Brehony, K.A. Discussant. Assay and management of the suicidal patient: A case study. Presented by Charles Cesaric (M-4). Grand Rounds: Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, Mississippi, January 25, 1980.

Brehony, K.A. and Solomon, L.J. Assertion as a communication skill. Invited address presented to the International Association of Business Communicators, Jackson, Mississippi, February 13, 1980.

Brehony, K.A. and Solomon, L.J. Five-part stress management program. A series of workshops presented to employees of Blue Cross/Blue Shield of Mississippi, Jackson, Mississippi, February and March, 1980.

Brehony, K.A. and Solomon, L.J. Assertiveness: A professional tool. Invited address presented to the Mississippi Central District Dietetic Association, Jackson, Mississippi, March 14, 1980.

Brehony, K.A. Fears and phobias. An invited address presented to the United Methodist Woman's Club, Newport, Virginia, April 18, 1980.

Brehony, K.A. and Solomon, L.J. Assertive behavior on the job. Invited address presented to the Mississippi State Board of Education, Jackson, Mississippi, July 11, 1980.

Brehony, K.A. and Ploger, W. Stress management in organizational settings. An invited address presented to the Federal Maritime Commission, Washington, D.C. January 13, 1981.

Brehony, K.A. and Solomon, L.J. Stress management in the work setting. An invited address presented to the Association of Employee Assistance Program Practitioners, Washington, D.C., April 10, 1981.

Brehony, K.A. and Kiely, M.M. Fear and courage. An invited symposium presented to the Hollins College Continuing Education Program Annual Symposium for Women. Hollins College, Virginia, 1981.

Brehony, K.A. Assertive communication. Workshop presented to the Roanoke Valley Women's Retreat, Riner, Virginia, September 26, 1981.

Brehony, K.A. and Schotte, D.E. Family dynamics in agoraphobia. Invited workshop presented to the Third Annual Southwestern Virginia Conference on Group and Family Therapy, Roanoke, Virginia, November 3, 1981.

Brehony, K.A. Herland: A discussion. Invited book discussion of Charlotte Perkins-Gillman's utopian novel, presented at the Reynolds Homestead Continuing Education Center, Critz, Virginia, November 5, 1981.

Brehony, K.A. How to relax. A workshop presented to the Northeast District of Virginia Cooperative Extension Service, Williamsburg, Virginia, November 16, 1981.

Brehony, K.A. A problem-solving approach to stress management. Invited address presented to the District of Columbia Psychological Association annual meeting in Washington, D.C., December 4, 1981.

Brehony, KA. Stress management training. An invited workshop presented to the Southeast District of Virginia Cooperative Extension Service and Navy Project, Norfolk, Virginia, February, 1982.

Brehony, K.A. Sex-role stereotyping in children's literature. Invited address to class on children's literature (Carol Ra) at Hollins College, Hollins College, Virginia, March 13, 1982.

Brehony, K.A. Training volunteers for crisis "helpline". Workshop presented to the Blue Ridge Lambda Alliance, Lynchburg, Virginia, March 13, 1982.

Brehony, K.A. and DeBerry, G.C. Detecting abused children. An invited presentation to the staff at McClaren Elementary School, Craig County School District, Craig County, Virginia, March 13, 1982.

Brehony, K.A. A five-part program for effective stress management. Invited training workshop presented at the Reynolds Homestead Center for Continuing Education, Critz, Virginia, April 8, 15, 22, 29, and May 6, 1982.

Brehony, K.A. and Eastridge, M. Women and anger part II: Problems and prescriptions. An invited symposium presented to Hollins College Continuing Education Program Annual Symposium for Women, Hollins College, Virginia, April 10, 1982.

Brehony, K.A. Stress management for personal growth, professional growth and professional application. Workshop presented to the Virginia Cooperative Extension Service Staff Development Conference, Charlottesville, Virginia, April 13, 1982.

Brehony, K.A. Women and stress: An international perspective. Invited workshop for the United States Department of Agriculture Short Course on "Management and the Role of Women in Development," Donaldson Brown Center for Continuing Education, Virginia Tech, Blacksburg, Virginia, April 19, 1992.

Brehony, K.A. A general introduction to stress and stress management. Invited address to Mental Health Services of the Roanoke Valley All-Staff Meeting. Roanoke, Virginia, April 27, 1982.

Brehony, K.A. Stress management. Invited address presented to the Virginia Cooperative Extension Club, Blacksburg, Virginia, May 3, 1982.

Brehony, K.A. Coping with apathy and stress. Invited address presented to the West Central District Technician's Association, Virginia Cooperative Extension Service, Roanoke, Virginia, May 7, 1982.

Brehony, K.A. Stress management for secretaries. Workshop presented to the Virginia Cooperative Extension Secretaries Association, Blacksburg, Virginia, May 19, 1982.

Brehony, K.A. Getting in touch with yourself and others. Invited address to the 4-H Leadership Camp, Abingdon, Virginia, July 23, 1982.

Brehony, K.A. A five-part series on stress management. An invited training program presented to Mental Health Services of the Roanoke Valley, Roanoke, Virginia, July 22, 29, August 5, 12, 19, 1982.

Brehony, K.A. Effective communication skills. An invited workshop presented to Family Resources Staff of the Virginia Cooperative Extension Service, Roanoke, Virginia, September 13, 1982.

Brehony, K.A. The effects of stress on young children. Invited address sponsored by Roanoke City Extension Service. Presented for the general public, Roanoke, Virginia, September 14, 1982.

Brehony, K.A. Coping with stress. Invited address presented to the West Central District Extension Secretaries Meeting, Roanoke, Virginia, September 14, 1982.

Brehony, K.A. and Frederiksen, L.W. Your keys to effective control. Invited workshop presented to the Mid-Atlantic Chapter of the American Society of Hospital Food Service Administrators. Donaldson Brown Center for Continuing Education, Virginia Tech, Blacksburg, Virginia, September 20, 1982.

Brehony, K.A. Film discussion: Right out of history. Invited Film Discussion (about the making of artist Judy Chicago's "Dinner Party"). Presented at the Reynolds Homestead Center, Critz, Virginia, October 7, 1982.

Brehony, K.A. Effective communication skills. An invited workshop presented to the Family Resources Staff of the Virginia Cooperative Extension Service, Warrenton, Virginia, October 14, 1982.

Brehony, K.A. Coping with stress. Invited address presented to the East Central District Extension Secretaries Meeting, Charlottesville, Virginia, October 14, 1982.

Brehony, K.A. Effective communication skills. An invited workshop presented to Family Resources Staff of Virginia Cooperative Extension Service, Suffolk, Virginia, October 19, 1982.

Brehony, K.A. The importance of assertive communication. Invited address presented to the Northern District Extension Secretaries, National 4-H Center, Washington, D.C., October 21, 1982.

Brehony, K.A. Women and anger. Invited seminar presented to Lynchburg General-Marshall Loge Hospitals, Roanoke, Virginia, December 8, 1982.

Brehony, K.A. A five-part series on stress management. An invited training program presented to Mental Health Services of the Roanoke Valley, Roanoke, Virginia, December 9, 16, 30, 1982 and January 6, 13, 1983.

Brehony, K.A. Stress management for parents of special children. An invited address presented to the Roanoke Chapter of the Association for Retarded Citizens (ARC), Roanoke, Virginia, February 2, 1983.

Brehony, K.A. Stress management for professional women. An invited address presented to the Quota Club (civic organization), Roanoke, Virginia, February 3, 1983.

Brehony, K.A. Using communication to improve employee morale. An invited management training workshop presented to Division Managers for the City of Roanoke, Roanoke, Virginia, February 14, 1983.

Brehony, K.A. Burnout: Causes and cures. An invited address presented to the National Organization for Women (NOW), Roanoke, Virginia, February 22, 1983.

Brehony, K.A. Families and stress in a changing world. Invited workshop presented to the general public through Virginia Cooperative Extension Service, Hanover, Virginia, April 5, 1983.

Brehony, K.A. Women and stress: An international perspective. Invited workshop for United States Department of Agriculture Short Course on "Management and the Role of women in Development," Donaldson Brown Center for Continuing Education, Virginia Tech, Blacksburg, Virginia, April, 1983.

Brehony, K.A. Assertiveness for women. An invited workshop presented during the University's "Women's Week," Donaldson Brown Center for Continuing Education, Virginia Tech, Blacksburg, Virginia, April 27, 1983.

Brehony, K.A. Effective assertive behavior. An invited workshop presented to the Extension Secretaries Association, Mountain Lake, Virginia, May 18, 1983.

Brehony, K.A. Communication on the job. An invited training seminar presented to the clerical staff of the Juvenile Court Service, Christiansburg, Virginia, June 21, 1983.

Brehony, K.A. and Dahlstrom, N. Liberating the creative process. A workshop presented to the Third Annual Roanoke Valley Women's Retreat, Lexington, Virginia, October 1, 1983.

Brehony, K.A. Fears and phobias. Invited talk presented to CITY School, Roanoke, Virginia, February 1, 1984.

Brehony, K.A. and Riley, A. Development of sex roles. Invited presentation to the Graduate Seminar in Developmental Psychology, Department of Psychology, Virginia Tech, February 28, 1984.

Brehony, K.A. Enhancing the creative process. Invited address presented to Professional Secretaries International (PSI), Blacksburg, Virginia April 25, 1984.

Brehony, K.A. Teacher burn-out. Invited public lecture presented for Virginia Cooperative Extension Service, Roanoke City Division, Roanoke, Virginia, May 16, 1984.

Brehony, K.A. Assertive communication. Invited talk presented to CITY School, Roanoke, Virginia, November 12, 1984.

Brehony, K.A. Agoraphobia and the role of the family physician. Invited talk presented to the Department of Family Medicine, Roanoke Memorial Hospital, Roanoke, Virginia, February 27, 1985.

Brehony, K.A. and Collins, B.A. Women and eating disorders: Anorexia and Bulimia. An invited address to Biology of Women classes at Hollins College, Hollins College, Virginia, April 15, 1985.

Brehony, K.A. and Frazier, R. Coming together and pulling apart: Reflections on intimacy and fragmentation. Hollins College Spring Seminar for Women, Hollins College, Virginia, April 20, 1985.

Brehony, K.A. Premenstrual syndrome: Fighting the battle within. An invited address presented to the Women's Forum, Center for Women's Health, Community Hospital of the Roanoke Valley, Roanoke, Virginia, April 24, 1985.

Brehony, K.A. Mental health for gays and lesbians. An invited panel discussion presented to the Virginia Gay and Lesbian Alliance, Roanoke, Virginia, May 1, 1985.

Brehony, K.A. Understanding phobias. An invited address (Visiting Scholars Program) presented to CITY School, Roanoke, Virginia, May 22, 1985.

Brehony, KA. Stress management. A continuing series of weekly workshops presented to the Comprehensive Back School, Downtown West Wellness and Fitness Center a division of Community Hospital of the Roanoke Valley, Roanoke, Virginia 1985-1986.

Brehony, K.A. Living with PMS A continuing series of weekly workshops for the Center for Women's Health, Community Hospital of the Roanoke Valley, Roanoke, Virginia, 1985-1987.

Brehony, K.A. Stress and the modern woman. Series of workshops presented for the Center for Women's Health, Community Hospital of the Roanoke Valley, Roanoke, Virginia, throughout March 1986.

Brehony, K.A. Family and job related stressors. Part of an invited symposium "The Stressed Nurse" presented to the Roanoke Valley Association for Continuing Education in Nursing (RVACEN), Roanoke, Virginia, April 18, 1986.

Brehony, K.A. Women and alcoholism. An invited address presented to the Second Annual Women's Forum, Center for Women's Health, Community Hospital of the Roanoke Valley, Roanoke, Virginia, May 7, 1986.

Brehony, K.A. The superwoman syndrome: When to hang on, when to let go. An invited address presented to the Roanoke Valley Chapter of the National Organization for Women, Roanoke, Virginia, May 21, 1986.

Brehony, K.A. Recognizing your potential. An invited address presented to the Professional Secretaries International (PSI), Roanoke, Virginia, July 22, 1986.

Brehony, K.A. and Prater, A. Rape and assault prevention for women. A public workshop presented by HCA Roanoke Valley Psychiatric Center, Roanoke, Virginia, February 3, 1987.

Brehony, K.A. Marketing strategies for health care. An invited address presented to the Richmond District of the Virginia Health Care Association (VHCA), Richmond, Virginia, March 18, 1987.

Brehony, K.A. and Prater, A. Rape and assault prevention for women. An invited address to the Roanoke Chapter of the National Organization for Women, Roanoke, Virginia, April 15, 1987.

Brehony, K.A. and Prater, A. Rape and assault prevention for women. An invited presentation for students and parents of Ruffner Junior High School sponsored by Roanoke County Schools and the PTA, Roanoke, Virginia, May 7, 1987.

Brehony, K.A. Innovation in marketing strategies for small business. An invited presentation for the International Management Council, Roanoke, Virginia, September 18, 1987.

Brehony, K.A. and Prater, A. Rape and assault prevention for women. A public lecture sponsored by Lynchburg Memorial Hospital, Lynchburg, Virginia, September 24, 1987.

Brehony, K.A. and Prater, A. Rape and assault prevention for women. A public lecture sponsored by Chippenham Hospital during "Rape Awareness Week," Richmond, Virginia, September 26, 1987.

Brehony, K.A. and Prater, A. Rape and assault prevention for women. A public lecture sponsored by Community Hospital of the Roanoke Valley during "Rape Awareness Week," Roanoke, Virginia, September 27, 1987.

Brehony, K.A. Relations with the media. An invited address to the Virginia Health Care Association (VHCA) annual meeting in Richmond, Virginia, October 15, 1987.

Brehony, K.A. and Prater, A. Rape and assault prevention for women. An invited workshop presented to students at Hollins College, Hollins College, Virginia, February 11, 1988.

Brehony, K.A. and Prater, A. Rape and assault prevention for women. A required presentation for the freshman class at Washington & Lee University, Lexington, Virginia, February 25, 1988.

Brehony, K.A. Stress management in the workplace. A five-part Staff Development Workshop. Southern Shores Realty, Kitty Hawk, North Carolina, January and February 1989.

Brehony, K.A. Customer relations. A series of Staff Development Workshops. Southern Shores Realty, Kitty Hawk, North Carolina, February, 1989.

Brehony, K.A. Recognizing and encouraging creativity in children. An invited address presented to the Kitty Hawk Elementary School PTA, Kitty Hawk, North Carolina, February 15, 1989.

Brehony, K.A. Improving relationships with customers. A two-part Staff Development Workshop. Southern Shores Realty, Kitty Hawk, North Carolina, March, 1989.

Brehony, K.A. and Jones, B. Mothers and daughters. An invited address presented to the American Association of University women (AAUW), Norfolk, Virginia, January 6, 1990.

Brehony, K.A. Stress management for women. An invited workshop presented to Newport News City Schools, Newport News, Virginia, March 2, 1990.

Brehony, K.A. Dealing with anger. An invited training workshop presented to CONTACT Tidewater, Virginia Beach, Virginia, March 6, 1990.

Brehony, K.A. Stress management. An invited address presented to First Baptist Church, Norfolk, Virginia, March 16, 1990.

Brehony, K.A. Marital and family conflicts. An invited training workshop presented to CONTACT Tidewater, Virginia Beach, Virginia, March 20, 1990.

Brehony, K.A. Enjoying the single life. A short course presented by Fun University (Adult Education), Virginia Beach, Virginia, March 20, 1990.

Brehony, K.A. Embracing the Feminine to celebrate diversity. Workshop presented to Everywoman's Festival, Old Dominion University, Norfolk, Virginia, March 31, 1990.

Brehony, K.A. Issues for women over forty. An invited public workshop sponsored by the Virginia Council on Alcoholism, Virginia Wesleyan College, Virginia Beach, Virginia, April 11, 1990.

Brehony, K.A. Family dynamics/family abuse. An invited training workshop presented to CONTACT Tidewater, Virginia Beach, Virginia, July 10, 1990.

Brehony, K.A. Effective stress management. A community education presentation. Norfolk YMCA, Norfolk, Virginia, October 17, 1990.

Brehony, K.A. A problem-solving approach to stress management. An invited one-day workshop presented to the Tidewater AIDS Crisis Taskforce (TACT), Norfolk, Virginia, December 8, 1990.

Brehony, K.A. and Jones, B. Taming the dragon: Our fears and phobias. An invited community education presentation sponsored by the Virginia Beach Psychiatric Center, Virginia Beach, Virginia, October 30, 1990.

Brehony, K.A. Child abuse. An invited Training workshop for CONTACT Tidewater, Virginia Beach, Virginia, November 8, 1990.

Brehony, K.A. Effective communication. A community education presentation, Norfolk YMCA, Norfolk, Virginia, November 14, 1990.

Brehony, K.A. and Clark, P. From queer to gay/lesbian: Searching for the Self. An invited address presented to Gay and Lesbian Pride Day, Old Dominion University, Norfolk, Virginia, February 2, 1991.

Brehony, K.A. Fears and phobias. An invited address presented to the Virginia Beach Rotary Club, Virginia Beach, Virginia, February 13, 1991.

Brehony, K.A. and Clark, P. Gulf War Support Group. A continuing bimonthly series of facilitated support groups for gays and lesbians. The program began on February 16, 1991 during the Persian Gulf War. The group continued for one year as a general support program for gays and lesbians.

Brehony, K.A. Crisis and transformation. Presentation to Everywoman's Festival at Old Dominion University, Norfolk, Virginia, March 2, 1991.

Brehony, K.A. and Clark, P. Building a team. An invited day -long training workshop presented to Wellsprings Hospice (Of Maryview Hospital), Virginia Beach, Virginia, March 9, 1991.

Brehony, K.A. Healing. An invited address presented to the general public in connection with the 1991 AIDS Candlelight Vigil sponsored by the Tidewater AIDS Crisis Taskforce and other area AIDS organizations, Norfolk, Virginia, May 19, 1991.

Brehony, K.A. Family violence. An invited training workshop presented to CONTACT Tidewater, Virginia Beach, Virginia, May 21, 1991.

Brehony, K.A. Healing: The aftermath of rape. An invited address presented to the Tidewater Society of Nurse Practitioners, Norfolk, Virginia, September 25, 1991.

Brehony, K.A. A problem solving approach to managing stress. An invited training program presented to the Norfolk Police Department, Norfolk, Virginia October 17, 24, 31 and November 7, 14, 1991.

Brehony, K.A. Women and stress. An invited panel discussion presented to Financial Women International, Norfolk, Virginia, November 19, 1991.

Brehony, K.A. Panic disorders. An invited address presented to the OCD (Obsessive-Compulsive Disorder) Support Group, Virginia Beach, Virginia, January 10, 1991.

Brehony, K.A. The role of love in relationships. An invited seminar presented to the Tidewater AIDS Crisis Taskforce (TACT), Norfolk, Virginia, February 12, 1992.

Brehony, K.A. Fears and phobias. An invited address presented to the Tidewater Women's Show, Virginia Beach, Virginia, February 28, 1992.

Brehony, K.A. Crisis and growth. A community education presentation sponsored by Greenwich Psychological Associates, Virginia Beach, Virginia, June 17, 1992.

Brehony, K.A. and Pfeifer, W. G. Recovery from destructive anger. An invited workshop presented at a retreat for people with AIDS. Sponsored by the Tidewater AIDS Crisis Taskforce (TACT), Newport News, Virginia, September 11, 1992.

Brehony, K.A. Family dynamics. A two-session training seminar presented to volunteers for CONTACT Tidewater, Virginia Beach, Virginia, October 1, 1992.

Brehony, K.A. Women and stress. A community education presentation sponsored by Greenwich Psychological Associates, Virginia Beach, Virginia, October 14, 1992.

Brehony, K.A. and Cameron, G. Women's spirituality. A community education presentation sponsored by Greenwich Psychological Associates, Virginia Beach, Virginia, October 26, 1992. (Gayle Cameron and I prepared the workshop but Gayle presented it alone. I had to be out of town for a family emergency).

Brehony, K.A. Psychotherapy and spirituality. An invited address presented to the Southeast Virginia Association of Alcoholism and Drug Abuse Counselors, Norfolk, Virginia, July 22, 1993.

Brehony, K.A. The Role of Anxiety in Women and Depression. An invited public address sponsored by First Hospital Corporation, Virginia Beach Psychiatric Hospital, Virginia Beach, Virginia, May 3, 1994.

Brehony, K.A. Universal Stories and Your Personal Journey. Invited workshop presented to the Transformation Retreat for People with HIV/AIDS. Sponsored by the Tidewater AIDS Crisis Taskforce (TACT), Newport News, Virginia, September 9, 1994.

Brehony, K.A., Teambuilding. A half-day retreat for the members of the Board of the Hampton Roads AIDS Walk Foundation. Norfolk, Virginia, January 14, 1995.

Brehony, K.A., Conscious and Unconscious Aspects of Relationships. An invited lecture presented to "The League," Virginia Beach, Virginia, January 15, 1995.

Brehony, K.A., Cross, C., and Hembree, J. Assertive Communication. Invited workshop presented to School Nurse Organization of Virginia Beach, sponsored by First Hospital Corporation, Virginia Beach, Virginia, November 13, 1995.

Brehony, K.A. Diving Deep and Surfacing: A Group Sand Tray Experience. Invited workshop presented to the Transformation Retreat for people with HIV/AIDS. Newport News, Virginia. September 27, 1996.

Brehony, K.A. Awakening at Midlife. An invited keynote address presented to the Virginia School Nurses Association annual meeting. Virginia Beach, Virginia, October 25, 1996

Brehony, K.A. Assertiveness on the Job. An invited workshop presented to the Virginia School Nurses Association annual meeting. Virginia Beach, Virginia, October 26, 1996.

Brehony, K.A. Coming Home to Yourself. An invited day-long workshop presented to the Unitarian Universalist Church. Contact: Bob Lawrence. Norfolk, Virginia, November 9, 1996.

Brehony, K.A. About Ordinary Grace. An invited address presented annual meeting of the United Way of the Virginia Peninsula. Contact: Patricia Mantey, Vice President. Hampton, Virginia, February 26, 1997.

Brehony, K.A. The psychological and spiritual benefits of giving. An invited keynote address presented to the Fort Monroe Volunteers. Fort Monroe, Virginia. Contact: Col. Michael Rochelle, Camp Commander. Fort Monroe, Virginia, April 23, 1997.

Brehony, K.A. A Clinical Appraisal of the Midlife Experience. An invited address presented to the Tidewater Academy of Clinical Psychologists. Contact: Jan Hembree, Ph.D., President. Norfolk, Virginia, May 13, 1997.

Brehony, K.A. Volunteers Bring Ordinary Grace to our Communities. An invited keynote address presented to the Volunteer Appreciation Luncheon. Peninsula United Way of America, Hampton, Virginia, May 19, 1997.

Brehony, K.A. Awakening at Midlife. An invited address sponsored by Sentara Hospital. Virginia Beach, Virginia, November 2, 1998.

Brehony, K.A. Awakening at Midlife. Concurrent session presenter. 1998 Professional Development Conference for Women. Sponsored by the Office of Human Resources Management at The University of Tennessee, Knoxville, Tennessee, March 17, 1998.

Brehony, K.A. Ordinary Grace. An invited public lecture presented by Norfolk City Libraries. Norfolk, Virginia. March 11, 1999.

Brehony, K.A. Ordinary Grace. An invited lecture presented to Unity Renaissance Church. Chesapeake, Virginia. March 14, 1999.

Brehony, K.A. Midlife as a Critical Developmental Period. An invited lecture presented to Eastern Virginia Medical School. Norfolk, Virginia, April 15, 1999.

Brehony, K.A. Ordinary Grace. Lecture and booksigning presented by Borders Books & Music. Fairfax, Virginia. May 15, 1999.

Brehony, K.A. Ordinary Grace. Online author chat sponsored by ivillage.com. June 15, 1999.

Brehony, K.A. Ordinary Grace. Lecture and booksigning presented by Riverbend Books. Virginia Beach, Virginia. June 26, 1999.

Brehony, K.A. Awakening at Midlife. An invited keynote address sponsored by the University of Tennessee Alumni Association. Memphis, Tennessee, October 19, 1999.

Brehony, K.A. Ordinary Grace. An invited keynote address sponsored by the Hampton Roads Caregivers Coalition. Virginia Beach, Virginia. October 21, 1999.

Brehony, K.A. Ordinary Grace and Psychological Health. An invited keynote address sponsored by the Virginia Academy of Clinical Psychologists/Virginia Psychological Association. Richmond, Virginia. October 22, 1999.

Brehony, K.A. Creative Nonfiction. An invited lecture and workshop to be presented to the Roundtable Writers Conference. Virginia Beach, Virginia. January 14, 2000.

Brehony, K.A. Ordinary Grace. An invited lecture and booksigning presented to the Portsmouth Womens Club. Portsmouth, Virginia. February 11, 2000.

Brehony, K.A. Ordinary Grace. An invited lecture and booksigning presented to Old Donation Episcopal Church. Virginia Beach, Virginia. February 20, 2000.

Brehony, K.A. Balance, Wisdom, and Compassion: What Women Bring to Medicine. An invited keynote and workshop presented to the 8th Annual Women in Medicine Pathways to Leadership Conference. Richmond, Virginia. March 3, 2000.

Brehony, K.A. Living the Authentic Self. An invited keynote address presented to the Unity Womens Retreat. Virginia Beach, Virginia. March 4, 2000.

Brehony, K.A. Full Potential Living. An invited keynote address presented to the University of Tennessee Alumni Association. Chatanooga, Tennessee. April 10, 2000.

Brehony, K.A. Full Potential Living. An invited keynote address presented to the University of Tennessee Alumni Association. Knoxville, Tennessee. April 11, 2000.

Brehony, K.A. Full Potential Living. An invited keynote address presented to the University of Tennessee Alumni Association. Johnson City, Tennessee. April 13, 2000.

Brehony, K.A. Ordinary Grace: Living the Spirit. An invited workshop to be presented to the Unity Church National Conference. Honolulu, Hawaii. June 9, 2000.

Brehony, K.A. Numerous talks around the country in support of new book: After the Darkest Hour: How Suffering Begins the Journey to Wisdom. Los Angeles; San Francisco; San Jose; Portland, Oregon; Minneapolis; Washington, D.C.; Fairfax, Virginia; Norfolk, Virginia; Virginia Beach, Virginia; Tampa, Florida.

Brehony, K.A. After the Darkest Hour. Speaker and Moderator for the National Cathedral & Metro Hospice and Palliative Care Conference "Journey of the Soul: Peace at the Last. Washington, D.C., March 10, 2001.

Brehony, K.A. After the Darkest Hour. Keynote speaker, Lee's Friends, Virginia Beach, Virginia, September 14, 2001.

Brehony, K.A. After the Darkest Hour. Keynote speaker, INOVA Juniper Program (HIV/AIDS), Alexandria, Virginia, February 16, 2001.

Brehony, K.A. After the Darkest Hour. Workshop leader, National Institute for the Clinical Application of Behavioral Medicine (NICABM). Hilton Head, South Carolina, December 7, 2001.

Brehony, K.A. Getting Started as a Personal and Executive Coach. Workshop leader, National Institute for the Clinical Application of Behavioral Medicine (NICABM). Hilton Head, South Carolina, December 7, 2002.

Brehony, K.A. After the Darkest Hour. Keynote speaker, Catholic Ministries Conference, Richmond, Virginia, November 15, 2002.

Brehony, K.A. After the Darkest Hour. Workshop leader, National Institute for the Clinical Application of Behavioral Medicine (NICABM). Hilton Head, South Carolina, December 12, 2002.

Brehony, K.A. Getting Started as a Personal and Executive Coach. Workshop leader, National Institute for the Clinical Application of Behavioral Medicine (NICABM). Hilton Head, South Carolina, December 13, 2002.

Brehony, K.A. After the Darkest Hour. Keynote speaker, Labyrinth Conference at the Unitarian Universalist Church of Arlington, Arlington, Virginia, March 29, 2003.

Brehony, K.A. After the Darkest Hour. Keynote Speaker, Association of Women's Health, Obstetric, and Neonatal Nursing (AWHONN) statewide conference, Norfolk, Virginia, March 30, 2003.

Brehony, K.A. What good comes from crisis? Keynote speaker, Virginia Association of Hospices annual meeting. Ashland, Virginia, April 5, 2002.

Brehony, K.A. Awakening at Midlife: Exploring Life's Challenges. Keynote speaker, University of Tennessee National Alumni Association Women's Council and The University of Tennessee Health Science Center, College of Nursing annual conference. Memphis, Tennessee, April 25, 2003. Awarded the Mary L. Morris Distinguished Visiting Professorship for 2003.

Brehony, K.A. After the Darkest Hour: How Suffering Begins the Journey to Wisdom. Keynote speaker and Awards Dinner speaker, Maryland Hospice Association. Baltimore, Maryland, November 7, 2002.

Brehony, K.A. Maintaining Hope in the Midst of Turmoil. Keynote speaker, Virginia Association of Hospices annual meeting. Roanoke, Virginia. May 14, 2003.

Brehony, K.A. Coaching for Clinicians. Keynote speaker, Virginia Association of Clinical Social Workers. Norfolk, Virginia. June 11, 2003.

Brehony, K.A. The Journey to Wholeness. Two-Day Preconference Workshop at National Institute for the Clinical Application of Behavioral Medicine (NICABM). Hilton Head, South Carolina, December 9-10, 2003.

Brehony, K.A. Living a Connected Life. A Workshop presented to the National Institute for the Clinical Application of Behavioral Medicine (NICABM). Hilton Head, South Carolina, December 11, 2003.

Brehony, K.A. Getting Started as a Personal and Executive Coach. Workshop leader, National Institute for the Clinical Application of Behavioral Medicine (NICABM). Hilton Head, South Carolina, December 12, 2003.

Brehony, K.A. Living a Connected Life. Keynote for Lee's Friends: Helping People Live with Cancer, 25th Anniversary Celebration. Norfolk, Virginia, January 27, 2004.

COMMUNITY EDUCATION - MEDIA

Brehony, K.A. You are not alone: The agoraphobic experience. A public service brochure prepared under the auspices of the Psychological Services Center, Virginia Tech, January, 1979.

Brehony, K.A. Agoraphobia outreach project. Montgomery County Today. WKEX Radio, Blacksburg, Virginia, Aired: February 11, 1979.

Brehony, K.A. and Clum, G.A. Agoraphobia project: A discussion. Panorama Show. CBS-TV (WDBJ-7), Roanoke, Virginia, Producer: Polly Ayers. Aired: January 30, 1979.

Brehony, K.A. and Frederiksen, L.W. Agoraphobia. Dateline: Virginia Tech. (radio) Taped: February 13, 1979. Aired throughout the state of Virginia during February and March, 1979.

Brehony, K.A. and Frederiksen, L.W. Agoraphobia. Virginia Forum. PBS (WBRA-TV), Roanoke, Virginia, Producer: Rick Lynde. Aired: May 24, 1979.

Brehony, K.A. Producer and Moderator. Housebound. A one-hour special television program about agoraphobia produced by Public Television (WBRA-TV), Roanoke, Virginia. Executive Producer: Barbara Landon, Director: Jon Boettcher, Panelists: E. Scott Geller, Richard M. Eisler, Betsey A. Benson. Aired: February 22, 1979.

Brehony, K.A. Co-Moderator and Co-Producer. Stress management. A five-part educational television series produced by Public Television (WBRA-TV), Roanoke, Virginia. Producers: Barbara Landon, Laura Solomon, Kathleen Brehony; Director: Jon Boettcher; Moderators: Lee Frederiksen and Kathleen Brehony. Aired: September 4, 11, 15, 25 and October 2, 1979. Rerun in Fall 1980. Supported in part by a grant from the Corporation for Public Broadcasting.

Brehony, K.A. Agoraphobia: Is a woman's place in the home? Feminist-Behaviorist Newsletter, August, 1979, Vol. 1, No. 1, p 1-2.

Brehony, K.A. and Johnson, W.G. A discussion about agoraphobia. Coffee Break Show. NBC (WBLT-TV), Jackson, Mississippi. Producer: Gala Gibbon. Aired: October 17, 1979.

Brehony, K.A. Marketing and behavioral medicine: A provocative marriage. Behavioral Medicine Advances, Vol. 2, No. 1, November, 1979, 9-10.

Brehony, K.A. Co-Producer and Moderator. About assertiveness training. A one-hour television special produced by Public Television (WBRA-TV) Roanoke, Virginia. Co-Producers: Barbara Landon, Laura Solomon, Kathleen Brehony; Director: Jon Boettcher; Panelists: Lee Frederiksen and Richard Eisler; Moderator: Kathleen Brehony. Aired: April 5, 1980.

Martin, J.E., Brehony, K.A. and Prue, D. M. Letter to the Editor (New Tax Bill to Authorize Credit for Weight and Smoking Reduction Programs) The Behavior Therapist, 1980, 3, May/June, 1980.

Brehony, K.A. Women and fear. Tempo (radio show). Taped: February 1980. Producer: Rick Lynde. Aired: Winter, 1980.

Brehony, K.A. Co-Moderator and Co-Producer. Changes. A two-part television special on the changing roles of men and women and the impact on relationships, families and in work settings. Public Television (WBRA-TV). Roanoke, Virginia. Co-Producers: Barbara Landon, Kathleen Brehony; Director: Roy Forbes; Moderators: Kathleen Brehony, Lee Frederiksen. Aired: March 26 and April 14, 1981.

Brehony, K.A. Women and agoraphobia. Panorama Show. CBS (WDBJ-7). Roanoke, Virginia. Producer: Polly Ayers. Aired: March 10, 1981.

Brehony, K.A. Fears and phobias. All About Women. CBS (WDBJ-7). Roanoke, Virginia. Producer: Gail Raimon-Helms. Aired: May 17, 1981.

Brehony, K.A. and Geller, E.S. Psychology in the community. Panorama Show. CBS (WDBJ-7), Roanoke, Virginia. Producer: Polly Ayers. Aired: September 29, 1981.

Brehony, K.A. Co-Producer and Interviewer. An interview with singer/songwriter Cris Williamson. Gallery Show. PBS (WBRA-TV). Roanoke, Virginia. Co-Producers: Barbara Landon and Kathleen Brehony; Director: Bruce Gibb. Aired: January 25, 1982.

Brehony, K.A. Human phobic behavior. Insight Show. NBC (WSLS-TV). Roanoke, Virginia. Producer: Doti Matze. Aired: July 18, 1982.

Brehony, K.A. Stress: How to live with it. Dialogue Show. CBS (WDBJ-7). Roanoke, Virginia. Producer: Ted Powers. Aired: July 9, 1982.

Brehony, K.A. Fear of the dark. Virginia Tech Radio. Blacksburg, Virginia. Producer: Rick Lynde. Produced: July 12, 1982. Ran throughout the state during the summer and fall of 1982.

Brehony, K.A. Agoraphobia. Metro Show. ABC (WSET-TV), Lynchburg, Virginia. Producer: Charlotte Asherman. Aired: August 9, 1982.

Brehony, K.A. with Rothblum E. and Solomon, L.J. Women and mental health. Panorama Show. CBS (WDBJ-7) Roanoke, Virginia. Producer: Polly Ayers. Aired: August 13, 1982.

Brehony, K.A. Producer Communication skills for construction superintendents. National industrial training program produced for the Associated General Contractors of America , 1982.

Brehony, K.A. Producer. Financial management for construction companies. National industrial training program produced for the Associated General Contractors of America and Touche-Ross (Big Eight accounting firm), 1982.

Brehony, K.A. Producer and Moderator. All About Women. A bi-monthly public affairs series on CBS-TV (WDBJ-7) Roanoke, Virginia. As the producer I had the responsibility of determining the content of each show, researching topic, locating appropriate interview subject(s), working with the Director to establish taping times, set requirements and any special needs for a particular show. Conducted all the on-air interviews. I served in this capacity with the show for two years (1982-1984). The show was deleted from the schedule in 1984 to make room for a news program.

Brehony, K.A. Producer and Moderator. Wellness. Pilot for a 13-week series about health. PBS (WBRA-TV) Roanoke, Virginia. Producers: Jon Boettcher and Kathleen Brehony; Director: Bruce Gibb. The pilot was aired in 1983.

Brehony, K.A. and Love, S.W. Eating disorders in women. Mid-Day Show. CBS (WDBJ-7), Roanoke, Virginia. Producer: Polly Ayers. Aired: March 22, 1983.

Brehony, K.A. Moderator. Issues on Crime. Radio Show series produced by Public Radio in Roanoke, Virginia carried throughout the Public Radio system. 1983.

Brehony, K.A. Moderator. Drinking and driving: The toll, the tears. PBS (WBRA-TV) Roanoke, Virginia. Producer/Director: Dave Urano. Aired: May 29, 1986.

Brehony, K.A. Producer and Moderator. As others see us: Rape and assault prevention for women. Produced by The Media Works of Virginia, Inc. Roanoke, Virginia. Executive Producer: Alan Prater; Producer: Kathleen Brehony; Director: Kay J. Alverson. A comprehensive video program that was marketed to colleges, universities, hospitals and other businesses that are concerned about the women in their organizations. Released: Fall, 1987.

Brehony, K.A. Executive Producer and Consultant. Empty chairs. A video translation of an original student drama on the topic of teen suicide. Produced by The Media Works of Virginia, Inc. Roanoke, Virginia. Executive Producer: Kathleen Brehony; Producer/Director: Kay J. Alverson. Program was funded in part by a grant from Roanoke Memorial Hospitals. Performance by the students of CITY School, City of Roanoke Public School System. The program was distributed nationally through the Agency for Instructional Technology (AIT). Released: Spring of 1987.

Executive Producer, Producer, Writer and On-Camera for multiple other programs produced by The Media Works, 1983-1987.

Brehony, K.A. Guest. Women and fear. Sessions. NBC (WAVY-TV), Portsmouth, Virginia. Producer/Moderator: Bernadette Jones. Aired: September 10, 1989.

Brehony, K.A. Guest. Panic attacks and phobias. News at Noon. NBC (WAVY-TV) Portsmouth, Virginia. Aired: November 15, 1989.

Brehony, K.A. Internalized homophobia. Newspaper article published in Our Own Community Press, Vol. 14, No. 8, May, 1990.

Brehony, K.A. Mixed signals. Magazine article published in First Encounter Magazine, Vol 1, No. 3, May/June, 1990.

Brehony, K.A. Guest. Phobias. News at Noon. NBC (WAVY-TV) Portsmouth, Virginia. Aired: September 12, 1990.

Brehony, K.A. Guest. The midlife crisis. News at Noon. NBC (WAVY-TV) Portsmouth, Virginia. Aired: February 1, 1991.

Brehony, K.A. Overcoming fears and phobias. News at Noon. NBC (WAVY-TV) Portsmouth, Virginia. Aired: April 17, 1992.

Brehony, K.A. Fear of fear itself. Magazine article Portfolio: The Magazine of Hampton Roads. December 24-30, 1991.

Brehony, K.A. Mid-life: The quest for wholeness. Magazine article Portfolio: The Magazine of Hampton Roads. December 28, 1993-January 3, 1994.

Brehony, K.A., Midlife. News at Noon, NBC (WAVY-TV), Portsmouth, Virginia. Live broadcast aired September 15, 1994.

Brehony, K.A., About Midlife. "Midweek Program," Public Radio (WHRV), Norfolk, Virginia. Taped: September 22, 1994, Aired: October 26, 1994.

Brehony, K.A. Awakening at Midlife (book promotion). "Live at Nine." CBS (WTKR-Channel 3). Producers: Stephanie Duck and DeeDee Gee. Hosted by: Jane Gardner & Kurt Williams. Live broadcast aired: September 19, 1996.

Brehony, K.A. Awakening at Midlife (book promotion). "News 13 Daybreak." ABC (WVEC-Channel 13). Hosted by: Carol Hoffman & Brian Smith. Live broadcast aired: October 18, 1996.

Brehony, K.A. Awakening at Midlife (book promotion). "News at Noon." NBC (WAVY-Channel 10). Hosted by: Don Roberts. To be broadcast live: October 21, 1996.

Brehony, K.A. Awakening at Midlife (book promotion). "Hear/Say" PBS Radio (WHRO/WHRV). Interviewer: Cathy Lewis; Producer: Betty Luse. Broadcast live from the WHRV studio in Norfolk, VA: October 22, 1996.

A **series of radio programs** were conducted to promote Awakening at Midlife throughout the country. All of the following programs were booked by Newman Communications of Milford, MA. The programs ranged from ten minutes to one hour and the discussion focused not only on the book itself but issues related to midlife. Some of the live broadcasts included listener call-ins. All of the programs were produced over the telephone and some were broadcast by satellite to a number of affiliate stations:

October 22, 1996 KFGO-AM, Fargo, N.D. "The Jack & Sandy Show." 10 minutes taped. Interviewer: Jack Sunday; Producer: Jack Sunday.

October 22, 1996 WAAM-Am, Ann Arbor, MI. "News." 15 minutes taped. Aired: Wednesday, October 23, 1996. Interviewer: Dave Pekrul; Producer: Phil Keren.

October 22, 1996 WDSY-FM, Pittsburgh, PA. "The Ellen Gamble Show." 30 Minutes taped. Aired on two stations on Sunday, October 26, 1996. Interviewer: Ellen Gamble; Producer: Ellen Gamble.

October 22, 1996 WRVA-AM, Richmond, VA. "The Lou Dean Show." 10 minutes live. Aired throughout the state. Interviewer: Lou Dean; Producer: Lou Dean.

October 22, 1996 WJON-AM, Minneapolis, MN. "The Road Home." 10 minutes live. Interviewer: Tom Lucas; Producer: Tom Lucas.

October 23, 1996 WKDR-AM Burlington, VT. "The Mark Johnson Show." 25 minutes live. Interviewer: Mark Johnson; Producer: Lou Manno.

October 23, 1996 WHMP-AM Springfield, MA. "The Fred King Show." 20 minutes live. Interviewer: Fred King; Producer: Catherine Shepherdson.

October 23, 1996 KTOK-AM Oklahoma City, "Morning Magazine." One hour live. Interviewer: Carol Arnold; Producer: Kara Brandt.

October 23, 1996 Talk Radio Network -- Talk America/National "Talk Radio Countdown." 10 minutes live. Interviewer: Michael Harrison; Producer: Michael Harrison. Broadcast by satellite to 50 affiliate stations throughout the United States.

October 23, 1996 WGIR-AM, Manchester, NH. "Inside New Hampshire." 25 minutes live. Interviewer: Terry Benz; Producer: Terry Benz.

October 24, 1996 Business News Network- National. "Business Day AM." 10 minutes live. Interviewer: Greg Lanning; Producer: Kurt Pederson. Broadcast by satellite to 150 affiliate stations throughout the United States.

October 24, 1996 WBZZ-FM Pittsburgh, PA. "Dialogue." 30 minutes taped. Interviewer: Shelly Duffy; Producer: Shelly Duffy.

October 24, 1996 WRSC-AM State College, PA (Penn State University). "Lion Country Comments." 30 minutes live. Interviewer: Scott Geesey; Producer: Scott Geesey.

October 24, 1996 KZPS-FM Dallas, TX. "Sunday Magazine." 30 minutes taped. Interviewer: Vicki Robbins; Producer: Vicki Robbins.

October 28, 1996 WFFG-AM Marathon Florida (serving Key West and the Florida Keys). "On the Rocks." 10 minutes live. Interviewer: John Perry; Producer: John Perry.

October 28, 1996 WDEL-AM Wilmington, DE. "The Donna Ranae Show." 10 minutes live. Interviewer: Todd Halliday substituting for Donna Ranae; Producer: Susan Earley.

November 4, 1996 WBT-AM Charlotte, NC. "The Mike Collins Show." 50 minutes live. Interviewer: Mike Collins; Producer: David Eades

November 7, 1996 WDRC-AM Hartford, CN. "The Brad Davis Show." 10 minutes live. Interviewer: Brad Davis; Producer: Laura Kittell.

November 12, 1996 WZGC-FM Atlanta, GA. "Eye on Atlanta" 30 minutes taped. Interviewer: Marcia Shipley; Producer: Marcia Shipley.

November 14, 1996 WODS-FM Boston, MA. "Encounter." 30 minutes taped. Interviewer: Gordon Hill; Producer: Gordon Hill.

November 26, 1996 KCEO-AM San Diego, CA "Money in the Morning." 20 minutes live. Interviewer: George Chamberlin; Producer: Sara Chamberlin.

December 8, 1996 WFAN - AM New York, NY. "The Bob Salter Show." One hour live. Interviewer: Bob Salter; Producer: Bob Salter.

February 1, 1997 BNN - Business News Network, Colorado Springs, CO. "Wishing You Well." One hour live. Interviewer: Dr. Joseph Machelli; Producer: Greg Davis. Broadcast live to 40 national (and Canadian) affiliates.

Brehony, K.A. Awakening at Midlife (book promotion). "Something You Should Know." Syndicated national radio program -- Strand Broadcasting, Los Angeles, CA. Producer: Linda Driesbach. 10 minute radio interview by telephone broadcast by multiple affiliates throughout the U.S. October 28, 1996.

Brehony, K.A. Awakening at Midlife (book promotion). "The Mary Wieden Show." WJNT news/talk radio, Jackson, MS. Producer and host: Mary Wieden. One hour radio interview by telephone broadcast live. October 28, 1996.

Brehony, K.A. Awakening at Midlife (book promotion). "Living Well." WHA - Wisconsin Public Radio, Madison, WI. Interviewer: Margaret Andreason; Producer: Erica Erikson. One hour radio interview by telephone broadcast live to statewide audience. November 2, 1996.

Brehony, K.A. Awakening at Midlife (book promotion): "The Brunch Club." WREF-AM news/talk radio, Ridgefield, CT. "The Brunch Club." 30 minutes live. Producer and host: Devon Wickens. 30 minute radio interview by telephone to be broadcast live: November 15, 1996.

Brehony, K.A. Awakening at Midlife (book promotion): "The Faith Middleton Show." Connecticut Public Radio, New Haven, CT. Interviewer: Faith Middleton; Producer: Rex Cadewalder. One hour radio interview by telephone broadcast live to statewide and regional audience. January 21, 1997.

Brehony, K.A. Awakening at Midlife (book promotion): "The Afternoon Magazine." Illinois Public Radio, Champagne, IL. Interviewer: Celeste Quinn. One hour radio interview by telephone broadcast live to statewide and regional audience. February 3, 1997.

Brehony K.A. Awakening at Midlife (book promotion): "Vera's Voice." Orange County, CA. Interviewer: Vera Gold. One-half hour radio interview by telephone taped to be broadcast at a later time. February 18, 1997.

Brehony, K.A. Awakening at Midlife (book promotion): Peoria, IL. Public Radio - WMBD. Interviewers: Greg Batten and Yvonne Greer. One-half hour live radio interview by telephone. February 28, 1997.

Brehony, K.A. Awakening at Midlife (book promotion): Louisville, KY. Public Radio - WHAS. Interviewer: Wally Perky. Fifteen minute live radio interview by telephone broadcast throughout the state of Kentucky. March 4, 1997.

Brehony, K.A. The Midlife Survival Guide. A one-hour television special produced by Connecticut Public Television (CPTV). Executive Producer: Larry Rifkin; Producer: Mary Ollie Newman, Coordinating Producer: Maura Martin; Director: Haig Papasian. Taped January 27, 1997. Aired by CPTV - March 5, 1997. Aired by multiple PBS affiliates nationwide throughout 1997.

Brehony, K.A. Guest Producer and Host. Talking about Writing. A one-hour live radio program with call-ins on WHRV-FM (Public Radio). Executive Producer: Betty Luse; Audio Engineer: Al Sykes. Guests: Tom Bird, Karen Jones, Al How, Mike Roach. Aired throughout southeast Virginia, April 11, 1997.

Brehony, K.A. Guest Producer and Host. Women and Sports. A one-hour live radio program with call-ins on WHRV-FM (Public Radio). Executive Producer: Betty Luse; Audio Engineer: Al Sykes. Guests: Wendy Larry (Head Coach of the ODU Lady Monarchs); Juanita Etheride (Coach of Granby H.S. girls basketball and field hockey teams); Benita Fitzgerald Mosley (President-elect of Women's Sports Foundation, Gold Medalist in 100 m. hurdles in the 1984 Olympic Games, and member of the U.S. Olympic Committee). Aired throughout southeast Virginia, April 14, 1997.

Brehony, K.A. Guest. AIDS as a Chronic Illness. A one-hour live radio program with call-ins on WHRV-FM (Public Radio). Executive Producer: Betty Luse; Audio Engineer: Al Sykes; Host: Cathy Lewis. Aired throughout southeast Virginia, May 2, 1997.

Brehony, K.A. Host. Father's Day. A one-hour live radio program with calls-ins on WHRV-FM (Public Radio). Executive Producer: Betty Luse. Aired throughout southeast Virginia, June 13, 1997.

Brehony, K.A. Host. Travel in Life and in Books. A one-hour live radio program with call-ins on WHRV-FM (Public Radio). Executive Producer: Betty Luse. Aired throughout southeast Virginia, June 20, 1997.

Brehony, K.A. Host. The Bounty of the Chesapeake Bay. A one-hour live radio program with call-ins on WHRV-FM (Public Radio). Executive Producer: Betty Luse. Aired throughout southeast Virginia, June 23, 1997.

Brehony, K.A. Guest. Dreamtime Program. A one-hour live radio program with call-ins on WHRV-FM (Public Radio). Executive Producer: Betty Luse; Producer and Host: Cathy Lewis; Resident Expert: David Gordon, Ph.D.; Engineer: Al Sykes. Aired throughout southeast Virginia, August 24, 1997.

Brehony, K.A. Awakening at Midlife (book promotion). New York City, "The Gary Null Show." WBAI Radio. Producer and Host: Gary Null. One-hour live radio interview, September 15, 1997.

Brehony, K.A. Awakening at Midlife (book promotion). Nationwide broadcast, "The Gary Null Show, National." Produced by WBAI Radio, New York City. Producer and Host: Gary Null. One-hour live radio interview, September 15, 1997.

Brehony, K.A. Awakening at Midlife (book promotion). Fairbanks, Alaska. "Alaska Edition," KUAC Radio – Public Radio from the University of Fairbanks. Producer and Host: Robert Hannon. One-half hour taped radio interview, broadcast throughout the state of Alaska, September, 23, 1997.

Brehony, K.A. and Ulrich, Robert, Awakening at Midlife (book promotion). Boca Raton, Florida. "Inner Views: Florida's Premier On Air Magazine." WNN Radio, Producer and Host: Liz Sterling. One hour live broadcast with call-ins. Broadcast throughout southern Florida and the Bahamas, September 29, 1997.

Brehony, K.A. Ordinary Grace. "The Ted Patterson Show." Liberty Works Radio. Aired nationally March 3, 1999.

Brehony, K.A. Ordinary Grace. "The Louise Collins Show." ABC/Westwood One Radio. Aired nationally. March 10, 1999.

Brehony, K.A. Ordinary Grace. "The Tom Pope Show." Dudley Broadcasting Radio. Aired in twelve markets throughout U.S. April 2, 1999.

Brehony, K.A. Ordinary Grace. "Hear/Say." WHRV-FM. Aired: Hampton Roads, Virginia, April 8, 1999.

Brehony, K.A. Ordinary Grace. "Something You Should Know." National Radio syndicated in 100 markets – Strand Media Group, California. Air Dates throughout May, 1999.

Brehony, K.A. Ordinary Grace. KFNX-AM. Live radio with call-ins aired throughout Arizona and New Mexico. May 10, 1999.

Brehony, K.A. Ordinary Grace. "James McCall and Company." KKSJN-AM and KKSJN-FM (Westwood One). Portland, Oregon. May 11, 1999.

Brehony, K.A. Numerous radio programs around the country in support of new book After the Darkest Hour: How Suffering Begins the Journey to Wisdom.

Brehony, K.A. Interviewed on NBC Today Show during the aftermath of the September 11 terrorist attacks. (Interviewer – Ann Curry). September 28, 2001.

Brehony, K.A. and Lewis, C. Producer & Co-Host. The Art of Living: Conversations About the Heart and Soul of Modern Life. Weekly radio show that airs in Hampton Roads area of Virginia (WHRV-FM 89.5) and is being positioned to air nationally through PRI. Negotiations are underway.

Brehony, K.A. Producer & Co-Host. HeartWaves a short-form radio program offering an inspirational and motivational story. Nationally syndicated through Celebrity Radio Productions. Airts daily (M-F). See www.heartwavesradio.com for affiliate stations and more information.

Radio: K.A. Brehony appears quite frequently as guest and guest host (and often Associate Producer) on Hampton Roads Public Radio. WHRV-FM.

PROFESSIONAL ORGANIZATIONS:

American Psychological Association (APA)

ELECTED POSITIONS AND APPOINTMENTS:

Delegate from the Department of Psychology to the Graduate Student Assembly, Virginia Tech, Blacksburg, Virginia, 1977, 1978.

Graduate Student Representative for the Clinical Training Program Admissions Committee, Virginia Tech, Blacksburg, Virginia, 1978, 1979.

Member of the Public Relations Committee, Virginia Psychological Association, 1977-1978.

Chief Resident, University of Mississippi Medical Center, Jackson, Mississippi, 1979-1980.

JOURNAL REVIEWS:

Journal of Applied Behavior Analysis - Guest Reviewer, 1980

Behavioral Assessment - Guest Reviewer, 1983

Journal of Organizational Behavior Management - Guest Reviewer, 1983

Women and Therapy - Charter Editorial Board 1985 to 1992.

GENERAL PROFESSIONAL INTERESTS:

General professional interests include direct clinical service, writing, consultation and research within a broad-based humanistic, cognitive-behavioral, and Jungian framework.

Specific professional interests include:

Translating academic and scholarly information about human behavior, realizing one's potential, and the creative process into everyday language for the general public through writing, public addresses, workshops, and the media.

Studies of human consciousness, the process of individuation, the transpersonal perspective, the creative process, Jungian theory.

The psychology and spirituality of transition points in life (e.g., loss, grief, death and dying, transformational opportunities such as mid-life).

Women's Studies - cultural and sex-role expectations and their effects on health and mental health; multiculturalism; diversity

Clinical interventions for phobic and anxiety-related disorders

REFERENCES:

(Additional references can be provided upon request as well as specific addresses and telephone numbers for these references)

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